

HENRICO RECOVERS

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HOW THE PROBLEM LOOKED IN 2017

- Alarming increases in opioid overdoses and deaths in recent years
- 67% increase in drug-related offenses 2013-2017
- Surge in addiction-related crimes such as larceny, trespassing, and fraud.
- Judges began to deny pre-trial release for defendants with active drug addiction in order to prevent overdose (no other good options available).
- Steady increases in probation violations (failed drug screens, failure to appear) leading to subsequent re-incarceration.
- Henrico's two jail facilities surged to 178% of capacity and the trend suggested this would continue to increase.

HOW THE PROBLEM LOOKED IN 2017 (CONT'D)

- All of Henrico's criminal justice agencies were looking for solutions, with very few options seemingly available. At the same time Henrico's RISE and ORBIT programs were showing real success.
 - Part of the premise was that individuals needed intensive monitoring and control in order to recover from addiction.
 - Recovery in a **Secure Environment** (RISE)
 - Opiate Recovery By **Intensive Tracking** (ORBIT)
- Henrico began investigating how we could expand these programs, and other rehabilitative programs within the County's jail system.

THE 2018 “RECOVERY CENTER” CONCEPT

- Consideration of building a new kind of facility
 - Would still be a correctional facility, run by Henrico Sheriff’s Office and Henrico Area Mental Health and Developmental Services (HAMHDS)
 - Housing for non-violent offenders with substance use disorders and people serving alternative sentences
 - Minimal security in the inmate area
 - Other portion of the building to provide non-secure rehabilitative environment to house recovery programs (for inmates and general public)
 - Dec. 2018 - Moseley Architects completed a needs assessment and planning study. Recommendation for at least 290 beds.
- Mixed reception to the idea There was reluctance to accept the premise that recovery can only happen in the incarceration environment, even if it is the least restrictive kind of incarceration.

THE HENRICO RECOVERY ROUNDTABLE

- In early 2019 the County Manager formed the “Henrico Recovery Roundtable” to provide strategies and recommendations to strengthen addiction and recovery programs in Henrico.
- Chaired by two members of the Board of Supervisors (Tyrone Nelson and Tommy Branin).
- Group held nine public meetings over six months and conducted more than a dozen site visits of facilities serving people with addiction
- Meetings were open to the public and the media

THE HENRICO RECOVERY ROUNDTABLE

- Representatives from all three local health care systems, the Henrico NAACP, CARITAS, Virginia Department of Health, Hispanic Chamber of Commerce, District and Circuit Court judges, Sheriff's Office, Commonwealth's Attorney's Office, and HAMHDS.
- Many other stakeholders attended and/or presented to the Roundtable
- Roundtable issued a report in early 2020 recommending a more comprehensive approach to substance abuse disorders, encompassing prevention, treatment, and criminal justice system diversion.

ROUNDTABLE RECOMMENDATIONS — FEB 2020

- Develop a comprehensive approach toward substance use disorders
- Expand prevention-related efforts
- Expand Crisis Intervention programs including Services to Aid Recovery (STAR)
- Maintain comprehensive directory of community-based addiction services
- Expand outpatient treatment options, access, and service integration
- Work more closely with recovery residences
- Provide scholarships for individuals to stay in qualified recovery residences
- Expand jail diversion programs
- **Build a Detox/Stabilization/Treatment Initiation Center**



If you need immediate help, call 911

What is Addiction? Treatment Resources Teens Personal Stories Events Statistics Addiction Task Force

Treatment Centers and Recovery Homes

Treatment Center Filters

Only Show Treatment Centers

- ☐ Medication Assisted Therapy
- ☐ Medicaid MCOs Accepted
- ☐ Medicaid App Assistance
- ☐ Insurance Accepted
- ☐ Sliding Scale Billing
- ☐ Treatment Prior to Medicaid Approval
- ☐ Peer Group Services
- ☐ Reports Paperwork to Courts
- ☐ Coordinates W/ Other Treatment Facilities

Recovery Home Filters

Only Show Recovery Homes

- ☐ VARR Licensed
- ☐ Chirp Accredited

CARITAS Recovery Residences

2240 Stockton Street
Richmond, VA
23224
(804) 801-5084

Certified Peer Specialist Coordinates w/ Other Facilities Reports Paperwork to Courts
VARR Licensed Chirp Accredited

Housing Available - Same Day
Appointments Via: Through our website at www.caritasva.org/live-with-us, by phone at 804.801.5084 or email to recoveryresidences@caritasva.org

CleanSlate Outpatient Addiction Medicine

8220 Meadobridge Rd MOB 1
Suite 310
Mechanicsville, VA
23116
(804) 417-0117

Medication Assisted Therapy Peer Group Services Insurance Accepted Medicaid MCOs Accepted
Sliding Scale Billing Medicaid App Assistance Treatment Prior to Medicaid Approval
Reports Paperwork to Courts Coordinates w/ Other Facilities

Prescriber Available - Same Day
Clinician Available - Same Day

ASAM Levels:
• 1.0 Outpatient

WHERE WE ARE NOW

- Expansion of prevention and education program in Henrico County Public Schools
- Expansion of community prevention programs (overdose protection kits, spike alerts)
- Community Housing for Individuals in the Recovery Process (CHIRP)
 - Soft “certification” by DBHDS – no specific standards or oversight
 - Henrico created its own standards with routine inspections & approval process
 - ✓ 33 recovery residences have been inspected and approved
 - ✓ Henrico’s judges requiring CHIRP contracts with bond motions
 - ✓ 141 inmates diverted to CHIRP homes between July 1-November 30, 2021
 - ✓ Alignment with DOC Probation & Parole Office (District 32)

WHERE WE ARE NOW

- Jail diversion program has reduced the jail population to levels not seen since '90s
- Henrico Mental Health and the Jail providing Medication Assisted Treatment (MAT) and Office Based Opiate Treatment (OBOT)
- Cooperative grants to the recovery community
- Partnership with Substance Abuse & Addiction Recovery Alliance (SAARA) to embed Peer Recovery Specialists into EMS response model for an “after the overdose” program

REMAINING CRITICAL GAP . . .

DETOX/STABILIZATION/TREATMENT INITIATION

- Board of Supervisors appropriated a total of \$12,000,000 for facility construction
- To be located on a 14 acre parcel at the Eastern Government Center
- Henrico preparing an RFP for an operator / health care provider
- Short-stay, voluntary
- Patients can self-refer, or be transported in by Police or EMS, be referred by a clinic, or as a transition from jail, or from a local ER. 24-hour intake model.
- Focused on stabilization, medically supervised detoxification, introduction to therapy and recovery concepts, and creation of an ongoing plan for treatment/recovery
- All patients will receive a plan for ongoing treatment and support upon discharge
- Expected demand for Henrico CSB catchment area is an average daily census of 25 patients

HOW THE CENTER WILL FIT INTO THE OVERALL RECOVERY ECOSYSTEM

- A safe and therapeutic environment for people to seek help, get clean, and initiate what will be a long recovery process
- Alternative to arrest (ties in with the goals of the Marcus Alert)
- Connect with recovery community and peer support organizations
- Connect with clinical treatment options in the community (MAT, OBOTs, etc)
- Allows Henrico to offer and facilitate a variety of wrap-around supports (transportation, health care, child care, employment assistance, social services navigation services, etc).

CHALLENGES, QUESTIONS, AND AREAS WHERE THE GENERAL ASSEMBLY COULD HELP

Assist Henrico County in making this center a successful model for use around the Commonwealth.

Provide grants/funding for ongoing operations of the Center.

Continue to support expansion of outpatient treatment options in the community, including MAT/OBOT.

MARCUS ALERT

MARCUS ALERT — HENRICO PERSPECTIVE

- 2008 – Henrico adopted Crisis Intervention Team (CIT) concept for Police, Fire/EMS, Sheriff and other County agencies..... Nearly 14 years of experience in formal crisis de-escalation.
- 100% of police officers are fully certified in Crisis Intervention Team training. Most have been through multiple updates focusing on special applications and situations.
- Services to Aid Recovery (STAR) team – Police, EMS, HAMHDS, School counselors, Social Services, Sheriff, others
- Community Assistance, Resources and Education (CARE) Team – proactive case management for individuals with special needs. Ties in with EMS, social services, law enforcement.
- MHDS emergency services and same-day access programs, STEP-Virginia

MARCUS ALERT — HENRICO PERSPECTIVES

- Henrico will be in the second cohort of localities to submit a local plan to DBHDS
- Our plan is to build upon and strengthen our existing foundation (CIT, STAR Team, CARES, and MHDS Crisis Services) while also meeting the goals of the Marcus Alert

MARCUS ALERT – HENRICO PERSPECTIVES

- Unknowns or Possible Challenges we Foresee:
 - ✓ Technical and operational integration of 911 and 988 (crisis call center)
 - ✓ Safety of behavioral health responders when no law enforcement backup is indicated.
 - ✓ Recruiting and hiring trained and experienced mental health practitioners to respond into the field
 - ✓ Defining and achieving “community coverage” with mobile crisis teams.
 - ✓ Establishing protocols and relationships between new entities such as NGOs, private crisis services responders, regional responders, etc.
 - ✓ Connecting people who are in crisis to “a place to go.”